



BENEDICTS
BAR & EATERY

Breakfast All Day!

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Breakfast Sandwich Two fried eggs, choice of meat (bacon, ham, sausage), Cabot cheddar, croissant	\$ 10.95
Gimme a Break Frittata Flavor of the Day Make it a meal with bacon & sourdough toast + \$6	\$ 8.95
Bravo Toast Avocado, shaved hard-boiled egg, bacon, tomato, served on sourdough	\$ 12.95



..... Benedicts

Served with choice of housemade Cabot cheddar hashbrowns or mixed greens	
Classic Ham, eggs, hollandaise, English muffin	\$ 15.95
Herbivore Avocado, spinach, tomato, eggs, hollandaise, pesto drizzle, English muffin	\$ 16.95
French Ham, apple, brie, eggs, hollandaise, croissant	\$ 17.95

..... Griddle

Served with choice of housemade Cabot cheddar hashbrowns or mixed greens	
French Toast Brioche, powdered sugar, maple syrup	\$ 13.95
Bananas Foster French Toast Brioche, rum caramel sauce	\$ 15.95
Monte Cristo Ham, eggs, cheddar, battered 'inside out' croissant, served with hash browns	\$ 16.95
Giant Pancake Add chocolate chips- \$2	\$ 11.95

..... Soup

Available after 11am	
White Bean Harissa	\$ 7.95
Roasted Poblano Tomatillo	\$ 7.95

..... Sandwiches

Available after 11am	
Served with choice of French fries or mixed greens	
Signature Grilled Cheese	\$ 14.95
Brie, gruyere, strawberry preserve, basil, served on a croissant • Add Bacon – \$3	
Patty Melt	\$ 16.95
Two 4oz Beef patty, American cheese, onions, served on toasted sourdough with mayo• Add Bacon – \$3	
Signature Chicken Salad	\$ 15.95
Greek yogurt, cucumbers, fresh dill, fresh parsley, green onion, served on croissant or sourdough • Make it Keto: Sub mixed greens	







..... Sides

Toast Brioche or Sour dough	\$2.95
Side Meat Bacon, Sausage, Ham	\$5.96
Fries	\$ 5.96
Salad Mixed Greens with house white blasamic vinagrette	\$ 5.95

Vegetarian can be made gluten free. Vegan Keto
*Consuming raw or undercooked shellfish, poultry, seafood, meat or eggs may increase your risk for food borne illness. Please inform your server of any food allergies prior to placing orders.

..... *Bowls*

Hangover Cure French fries, hollandaise, bacon, fresh tomato, green onion	\$ 13.95
Keto Bowl   Hard-boiled eggs, ground beef with Cabot cheddar, cucumbers, pickled red onion, arugula, capers, white balsamic	\$ 13.95
Very Vegan   Coconut yogurt, bananas, strawberries, açai, chia seeds, fresh mint	\$ 14.95

..... *Drinks*




Coffee decaf or regular Add some flavor \$1 <i>maple, mocha, coconut, caramel, blueberry</i>	\$ 5
Tea Ask your server for rotating selections	\$ 5
Soda Coke, Diet Coke, Sprite, Gingerale	\$ 4
Juice Orange, Pineapple, Cranberry, Grapefruit	\$ 4

..... *Beer*

Harpoon UFO 16oz	\$ 10
Bud Light 16oz	\$ 8
Zero Gravity Powder Jones IPA 16oz	\$ 12
Von Trapp Pilsner 16oz	\$ 10
Citizen Cider Mimosa Crush	\$ 7
Athletic Brewing Co Non Alcoholic Lite	\$ 8

..... *Wine*

House White	\$ 12
House Red	\$ 12
House Prosecco	\$ 12

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..... *Kids*

Grilled Cheese Sourdough & American cheese	\$ 9.99
Kid Burger 4-ounce patty & American cheese	\$ 9.99
French Toast 	\$ 9.99
Pancake 	\$ 9.99
A Little Break  Scrambled eggs, bacon & white toast	\$ 9.99

..... *Mocktails*

Miche-nada Athletic Brewing Co non-alcoholic beer and bloody Mary mix, slice of orange	\$ 9
Virgin Bloody Mary House mix, with all the fixings	\$ 8
Good For U Spritz FRE Sparkling N/A wine, peach puree, mint	\$ 12

..... *Cocktails*

Classic Bloody Mary House vodka, bloody mix, garnished with lemon, lime, celery, olives, pepperoncini and pickle spear	\$ 13
Bloody Maria House vodka, bloody mix, garnished with lemon, lime, orange, celery, olives, pepperoncini, salt and pepper rim	\$ 13
OJ Mimosa Prosecco with your choice of classic OJ, pineapple, cranberry, or grapefruit juice	\$ 12
More Mosa Vodka, OJ, peach puree, prosecco	\$ 16
Miss Peaches Blanco Tequila, Hot Honey. Peach Puree, Prosecco, fresh mint	\$ 16
BK Brew Have it your way hot or iced Baileys, Kahlua and coffee	\$ 15

Vermont Residents

Enjoy 20% off food all summer long!
Show your valid VT License prior to payment.