



BENEDICTS



BAR & EATERY

Breakfast All Day!

Benedicts

Served with choice of Cabot cheddar hashbrowns, or mixed greens

Classic Benedict*

Ham, poached eggs, hollandaise, English muffin

\$16.95

Herbivore Benedict*

Avocado, spinach, tomato, poached eggs, hollandaise, English muffin

\$17.95

Southern Fried Chicken Benedict

Crispy chicken thigh, poached eggs, sriracha-honey drizzle, hollandaise

\$18.95



Breakfast Favorites

Pow Day French Toast

Brioche, powdered sugar, maple syrup

\$13.95

Benedict's Signature Giant Pancake

\$11.95

Monte Cristo

Ham, eggs, cheddar, battered brioche French Toast slices

\$16.95

Chicken & Waffle

Fried chicken, two Belgian waffles, VT maple syrup

\$18.95

Bravo Toast

Avocado, shaved egg, bacon, tomato, spinach, served on sourdough

\$14.50

Breakfast Sammy

Eggs, choice of bacon, ham, or sausage, Cabot cheddar, English muffin.

\$10.95



Bowls

Feel the Heat Bowl

Fried chicken, rice, pickled onion, hot honey, Grillo's pickle chips, slaw, spicy sauce

\$23

South of the Border Bowl

Rice, lettuce, black beans, avocado smash, pico de gallo, spicy crema
Add grilled chicken or steak +\$6

\$18

Keto Snow Bowl

Bunless burger with Cabot cheddar cheese, hard-boiled egg, pickled onion, over mixed greens

\$19

Lift Line Steak Bowl

Shaved steak, gochujang, egg, fried rice, pickled onion

\$24

Plant Takeover

Seasonal vegetables, quinoa, chickpeas, maple-tahini

\$19

Shareables

Available after 11:30AM

Mini Nashville Sliders (2 pc)

\$16

Pimento Pretzel Party

Pimento cheese dip, soft pretzel bites

\$15

Steak Bites, No Fights

Served with Chimichurri

\$26

Chorizo Queso Skillet

Served with chips

\$16

Vermonty Brussels

Roasted and dusted with maple-bacon

\$14

Sandwiches

Available after 11:30AM. Served with choice of French fries, Cabot cheddar hashbrowns, or mixed greens

Après Hot Chicken

Fried chicken, pickles, slaw, hot honey, spicy sauce, Brioche bun **\$18**

French Dip

Shaved ribeye, caramelized onions, Swiss, side au jus **\$18**

Benedict's Classic Grilled Cheese

Sourdough, cheddar, gruyere **\$15**

Benny Burger

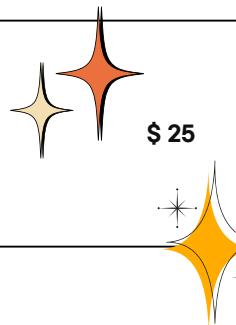
Double wagyu patty, Cabot cheddar cheese, bacon jam, lettuce, tomato, onion on Brioche bun **\$19**



Burger n' Brew

Every Friday in Dry January

Enjoy the Benny Burger and your choice of a 12 ounce Athletic Brewing Co. N/A Beer



\$25

Plates

Available after 11:30AM

Steak & Ski

Beef tips, fries and chimichurri sauce **\$15**

Clucky in Vermont

Nashville Hot fried chicken, slaw and pickles **\$22**

Mac Daddy Skillet

Cast iron mac n' cheese **\$18**

• Add riblets, hot chicken, or chorizo +\$6

Sides

French Fries

\$4

Cabot Cheddar Hashbrowns

\$8

Mixed Greens

\$4

Toast

Sourdough, croissant, English muffin, brioche **\$4**

Side of Meat

Bacon, sausage, ham **\$6**

Side of Daily Fruit

\$6

Soup

Classic Tomato Soup



\$9.95

Vegan Butternut Squash Soup



\$9.95

Kids

Grilled Cheese



Sourdough and American cheese, served with Fries **\$12**

Kid's Burger

4 oz. patty with American cheese, served with Fries **\$12**

Mac n' Cheese



Cavatappi, four cheeses **\$12**

French Toast



\$12

Pancake



\$12

Breakfast Plate

Scrambled eggs, bacon, white toast, fries **\$12**

Milkshakes

Ice Ice Baby

Vanilla ice cream, chocolate chips, chocolate syrup, banana **\$12**

Oreo Oreo

Vanilla ice cream, Oreo cookies, chocolate syrup **\$12**

Drinks

Coffee or Tea

• Add flavor +1: maple, mocha, coconut, caramel, blueberry **\$5**

Soda

Coke, Diet Coke, Sprite, Gingerale **\$4**

Juice

Orange, pineapple, cranberry, grapefruit **\$4**

Need wings? We got 'em.

Red Bull

Sugar Free Red Bull



*These items are served raw or cooked to order. Consuming raw or undercooked shellfish, fish, meat, eggs, or poultry may increase your risk of foodborne illness.

The major 9 food allergens (eggs, fish, shellfish, wheat, soy, sesame, peanuts, tree nuts, & milk) are used as ingredients in this establishment. Please notify your server if you have food allergies or dietary restrictions.



Vegetarian



Gluten Free



Vegan



Keto



Dairy Free

Bloody Mary's

OG Bloody

Vodka, Benedict's Bloody Mix — Have it regular or spicy **\$ 16**

A Pickle Me Up

Vodka, Benedict's Bloody Mix, Grillo's pickle brine **\$ 16**

Smoky Mountain

Tequila, Benedict's Bloody Mix, Tabasco, lime juice, bacon, smoked paprika rim **\$ 16**

Garden Grove

Cucumber infused vodka, Benedict's Bloody Mix, fresh lemon **\$ 16**

Bloody Flight

Can't decide? Get a mini flight of all four. **\$28**

Hot Coffee

First Chair

Hot coffee, peppermint schnapps, crème de cacao, whipped cream **\$ 16**

Risin' Irish

Hot coffee, Jameson, brown sugar, cream **\$ 16**

Tin on Tap

Hot coffee, Tin Cup Bourbon, Vermont maple **\$ 16**

Beer

Long Trail - Ski The East

\$ 12

Dogfish Head - Gratedful Dead Hazy IPA

\$ 8

Stowe - Tips Up Cider

\$ 12

Lawsons - Hopwired IPA

\$ 12

Sun Cruiser - Iced Tea Vodka

\$ 12

Coors Light

\$ 8

Guinness

\$ 9

Athletic Brewing Non Alcohol

- Free Wave **\$ 8**
- Run Wild IPA

Cocktails

Pour Decision

Cucumber infused vodka, fresh jalapeño, fresh lemon, simple syrup **\$ 18**

Fig & Tonic

Vanilla vodka, fig syrup, tonic, cracked black pepper, orange peel **\$ 18**

Stick Season

Tequila, grapefruit, rosemary syrup, soda **\$ 18**

Signature Mimosas

Sunny Side

Prosecco, orange juice, splash of Grand Marnier **\$ 16**

Ruby Duby

Prosecco, ruby grapefruit juice, rosemary syrup **\$ 16**

Snowbird

Prosecco, pineapple juice, coconut cream, lime **\$ 16**

Figgy Pop

Prosecco, cranberry juice, fig syrup, vanilla syrup **\$ 16**

Mimi Flight

Can't decide? Get a mini flight of all four. **\$ 28**

Boozy Shakes

Cinna Toast Crunch

Vanilla ice cream, Fireball, RumChata **\$ 18**

Count Chocula

Vanilla ice cream, Chocolate Bailey's, peppermint schnapps **\$ 18**

Wine

House White or Red

\$ 12

House Prosecco

\$ 12