



BENEDICTS

 BAR & EATERY

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*Breakfast All Day!*



## ..... Breakfast Classics .....

### \*Breakfast Sammie

Two eggs over medium, VT Cabot cheddar, choice of bacon, ham, sausage, or avocado smash, on an English muffin. **\$ 10.95**  
 • Bagel or croissant + \$2

### Gimme a Break Frittata

Chef's daily selection, served with Cabot hashbrown or mixed greens. **\$ 16.95**

### \*Benny Breakfast

Two eggs your way, hashbrowns, choice of bacon, sausage, ham, avocado smash or fruit bowl. **\$ 16.95**  
 Served with sourdough.  
 • Bagel or croissant + \$2

### Bravo Toast

Avocado smash, shaved hard boiled egg, bacon, tomato, spinach on sourdough. **\$ 14.95**

### Loxanne

Smoked salmon, herb cream cheese, tomato, pickled onion, capers on a toasted bagel, fresh dill. **\$ 16.95**


### Frendly Toast

Avocado smash, lemon beet hummus, sliced cucumbers, caramelized kimchi, crispy chickpeas, microgreens. **\$ 14.95**

## ..... \*Benedicts .....

Served with two poached eggs, choice of Killer Cabot hashbrowns or mixed greens.

**OG** **\$ 16.95**  
 Ham, hollandaise, toasted English muffin

**Herbivore ** **\$ 17.95**  
 Avocado smash, spinach, tomato, eggs, hollandaise, muffin, pesto drizzle, toasted English muffin.


**Capone** **\$ 18.95**  
 Ham, apple & shallot jam, mascarpone, hollandaise on toasted croissant

**Slammin' Salmon** **\$ 19.95**  
 Smoked salmon, herb cream cheese, tomato, hollandaise, fresh dill on toasted croissant


**Mother Clucker** **\$ 23.95**  
 Classic or spicy fried chicken, two Belgian waffles, hollandaise, VT maple drizzle


**Vermont AF...(actually from)** **\$ 16.95**  
 VT cheddar, bacon, sliced apple, VT maple drizzle


## ..... Griddle .....

**Classic Frenchie ** **\$ 14.95**  
 Brioche, powdered sugar, maple syrup

**Monte Cristo** **\$ 16.95**  
 Ham, eggs, Cabot cheddar, battered brioche, syrup, greens or hashbrowns

**Giant Pancake ** **\$ 9.95**  
 Add chocolate chips, blueberries, or bananas +\$2

**Waffles Royale ** **\$ 16.95**  
 Two Belgian waffles, seasonal berries, mascarpone

**Stuffed French Toast ** **\$ 16.95**  
 Chef's rotating cream-stuffed creation

## ..... Sandwiches & Plates .....

Served with mixed greens or fries

**My Way Grilled Cheese**  
 Sourdough with cheddar and gruyère.  
 • Add grilled chicken, ham or bacon +\$4 **\$ 14.95**  
 • Add avocado smash, spinach, tomato, or caramelized kimchi +\$2

**Blast from the Past BLT** **\$ 18.95**  
 Crisp bacon, smoked salmon, tomato, lettuce, mayo, and grainy mustard sour cream on grilled brioche.

**\*VT Patty Melt** **\$ 16.95**  
 Two 4 oz patties, Vermont Cabot cheddar, caramelized onion, toasted sourdough.  
 Add Bacon +\$4

**\*Spicy Smash Burger** **\$ 18.95**  
 Two 4oz patties, Vermont Cabot cheddar, caramelized kimchi, bacon, gochujang mayo, potato bun.  
 \*Add fried egg or avocado smash +\$2

**BOSS Chicken Salad** **\$ 15.95**  
 Chicken salad with sour cream, yogurt, mayo, cucumbers, tarragon, parsley, and green onion on a croissant.

**Hen of the Waffle House** **\$ 21.95**  
 Classic or spicy fried chicken, two Belgian waffles, Vermont cheddar, maple apple slaw.

\*These items are served raw or cooked to order. Consuming raw or undercooked shellfish, fish, meat, eggs, or poultry may increase your risk of foodborne illness.

The major 9 food allergens (eggs, fish, shellfish, wheat, soy, sesame, peanuts, tree nuts, & milk) are used as ingredients in this establishment. Please notify your server if you have food allergies or dietary restrictions.



## Bowls

### Summer Capische

Mixed greens, fresh basil, Local VT Maplebrook mozzarella, tomato, white balsamic, pesto drizzle. **\$ 18**  
 • Add grilled chicken or Chicken Salad +\$6.

### Very Vegan

Lemon beet hummus, mixed greens, avocado smash, tomato, cucumber, pickled red onion, crispy chickpeas, pepitas, microgreens, sherry tarragon vinaigrette. **\$ 18**  
 • Add grilled chicken or Chicken Salad +\$6.

### \*For Fat's Sake

Keto-forward salad with hard-boiled eggs, bunless burger with cheddar, cucumbers, pickled red onion, capers, over mixed greens, white balsamic vinaigrette. **\$ 18**  
 • Add grilled chicken or Chicken Salad +\$6.

### Chakra Bowl

Greek yogurt, bananas, mixed berries, açai, chia seeds, shredded coconut, fresh mint. **\$ 18**

## Kids

### Grilled Cheese

Sourdough with Vermont cheddar. **\$ 12**

### Kid Burger

4 oz patty with Vermont cheddar. **\$ 12**

### French Toast

Two slices of brioche, powdered sugar, butter, Vermont maple syrup. **\$ 12**

### Pancake

Powdered sugar, butter, Vermont maple syrup. **\$ 12**  
 • Add chocolate chips, blueberries, or bananas +\$2

### A Little Break

Scrambled eggs and toast. Choice of bacon, ham, sausage, or fruit. **\$ 12**

## Snacks & Sides

**Giant Cinnaroll (good for two!)** **\$ 14**  
 Saturday & Sunday only while supplies last

**French Fries** **\$ 6**

**Killer Cabot Hashbrown** **\$ 8**

**Side Salad** **\$ 4**

**Toast: choice of, Sourdough, Brioche, English Muffin, Croissant or Gluten Free** **\$ 4**

**Side Meat: Choice of, Bacon, Ham or Sausage** **\$ 6**

**Daily Fruit** **\$ 6**

**Bagel with cream cheese or butter** **\$ 8**

## Classic Refreshments

**Coffee or Tea** **\$ 5**  
 • Add flavor +1: mocha, maple, caramel, vanilla

**House-made Sun Tea** **\$ 6**  
 Sun brewed pekoe tea, fresh orange, mint garnish

**Soda** **\$ 4**  
 Coke, Diet Coke, Sprite, Gingerale, lemonade

**Juice** **\$ 4**  
 Orange, pineapple, cranberry, grapefruit

**Fresh Pressed Juice** **\$ 10**  
 Roating

**Need wings? We got 'em.**

Red Bull  
 Sugar Free Red Bull



## Milkshakes

**Classic Maple** **\$ 12**  
 Vanilla ice cream, Vermont maple syrup, maple brittle.

**Strawberry Basil** **\$ 12**  
 Strawberry ice cream, strawberry basil syrup, whipped cream

**Double Chocolate** **\$ 12**  
 Chocolate ice cream, chocolate syrup, chocolate chips, whipped cream with cherry on top

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## ..... *Bloody Mary's* .....

### OG Bloody

Vodka, Benedict's Bloody Mix, garnished with celery, lemon, lime, olive and Grillo's pickle \$ 16  
-Have it regular or spicy

### Build the tree

- \$2 Bacon
- \$2 Hard Boiled Egg
- \$10 Blue Plate Special -Chefs Choice

## ..... *Patio Pounders* .....

### Season Pass Smash

Gin, Strawberry, Basil, Lime \$ 15

### Suntanner Punch

Dark Rum, Light Rum Passion fruit Hibiscus, lime \$ 15

### Summit up

Vodka, Luxardo Cherry, fresh limeade, soda \$ 15

## ..... *Summer Sippers* .....

### Mile High Coffee

Tin Cup Bourbon, VT maple syrup coffee, whipped cream \$ 14  
Hot or Iced  
• \$3 Baileys

### Hot Marge

Jalapeño infused Tequila, mango puree, agave syrup, lime juice \$ 15

## ..... *Mocktails \$10* .....

### Virgin Bloody Mary

House mix, lemon, olive, pickle garnish

### More Passion

Passion fruit Hibiscus, lime, soda

### Cherry Bomb

Luxardo Cherry syrup, fresh limeade, soda

### Berry Blast

Strawberry syrup, fresh basil, lime, soda

## ..... *Mimosas* .....

### Classic

Choice of Orange, Grapefruit, Pineapple \$ 14  
+\$2 Fresh pressed concoction

### Palmosa

Tequila, lime, grapefruit juice, bubbles \$ 16  
sweet or spicy

### Moremosa

Orange Vodka, peach liqueur, orange juice, bubbles \$ 16

### House Party

Bottle of Prosecco, variety of fruit juices & garnish \$ 55  
Party on!

## ..... *Wine* .....

### House White or Red

\$ 12

### House Prosecco

\$ 12

### House Rose

\$ 12

## ..... *Beer* .....

Every Saturday & Sunday all beers \$7!

### Stowe - Tips Up Cider

\$ 12

### Dogfish Head - Gratedful Dead Hazy Pale Ale

\$ 8

### Coors Light

\$ 9

### Guinness

\$ 9

### Burlington Beer Company Double Coffee Porter

\$ 12

### Athletic Brewing Non Alcoholic

- Free Wave \$ 8
- Run Wild IPA

## ..... *Boozy Shakes* .....

### Razzle Dazzle

Strawberry ice cream, milk, raspberry vodka, raspberry liquor, whipped cream \$ 18

### You got...

Chocolate ice cream, milk, Skrewball, Bailey's Chocolate liquor, topped with Reeses and whipped cream \$ 18

### Black and White

Vanilla ice cream, milk, crushed oreo cookies, vodka, and kahlua, whipped cream and cherry on top \$ 18